

Personal Info :

**Name:** Andreas Nicolaou

**Place of Berth:** Nicosia ,CYPRUS

**Height:** 184cm

**Weigth:** 77kg

**Teams:** Agrotis Cycling Club : 1994-2000

Omonia Cycling Team : 2000-2008

Cyprus National team member from : 1997-2008

### **The most common questions I always get!**

#### **Why did I start cycling and at what age:**

After a health problem with my legs the only sports the doctor suggested where Cycling and Swimming and with a cycling club near my house my family decided that it would be the best option, after that I became addicted !

#### **What inspires me to train:**

I love improving and to see how far I can go. Human bodies are an amazing thing, I just want to see how far I can push mine. I love winning and competing !

#### **What's the hardest thing I have done on the bike:**

Train children on the bike...

#### **What's the best thing I have done on the bike:**

Train children ... Race ... Winning... and the best of all Group ride with friends.

#### **Goals:**

Becoming the Elite Time Trial Cyprus Champion and the Elite Road Race Cyprus Champion

#### **My Biggest Fan:**

Mother

#### **Other Interests:**

Internet surfing, Technology, PDA Phones, Music, Studying, Coaching Children.

#### **Favorite meals at the moment:**

Any pasta related meal, Okra (ladies fingers), meat cooked on the grill...this list could go all day referring all the Cypriot dishes....

#### **What would I do if I was not a cyclist:**

Swim ... Anything relevant with Computers and Children

#### **Favorite Internet sites at the moment:**

[www.weightweenies.com](http://www.weightweenies.com)

[www.xda-developers.com](http://www.xda-developers.com)

[www.cyclingnews.com](http://www.cyclingnews.com)

[www.ebay.com](http://www.ebay.com)

[www.gizmodo.com](http://www.gizmodo.com)

[www.gsmarena.com](http://www.gsmarena.com)